



Wantage Counselling  
& Training Centre

Wantage Counselling & Training Centre  
Orchard House  
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# Prospectus

Foundation Certificate in  
Counselling Skills

2017 - 2018



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Foundation Certificate in Counselling

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## Welcome

Since its foundation in 1984, Wantage Counselling and Training Centre (WCTC), formally known as Wantage Counselling Service (WCS) has responded to the particular needs of the community by providing counselling training and psychotherapeutic counselling to adults, couples and young people of fifteen years and older.

## Philosophy for Practice and Training

The practice and training at WCTC has a psychotherapeutic focus, where the therapeutic relationship between students, counsellors and client is central.

A Career in Counselling begins with:

- A comprehensive Training and becoming familiar with Theory that informs Practice
- Learning to know yourself through Personal Therapy and Group Work

Leading to:

- Supervised Clinical Practice
- Committing to work within an Ethical Framework
- Continuing Professional Development

Certificate training at WCTC prepares you for Diploma training and the first steps towards a professional qualification that will allow you to work as a counsellor **on completion of the Diploma programme**; throughout training we will explore:

- What it means to be a human being
- The uniqueness of being human
- And how our experience shapes our unique model of the world.
- The importance of respecting the rights of ourselves and others and work within BACP's Ethical Framework for the Counselling Professions (2016)

Students will be encouraged to draw on personal experiences in life and work as ways of bringing the theory alive.



## WCTC Training Staff

Course Leader: Anne Thompson  
Course Trainer: Alison Tyler  
Internal Assessors: Carolyn Rackstraw  
Experiential Group Leader (to be confirmed)  
Guest Tutors (to be confirmed)

(All tutors and guest tutors are qualified therapists and/or experienced in their field.)

## WCTC Contact Details

Admin Team: Senga Hashimi and Angie Fisher - WCTC Office Telephone 01235 769744

WCTC Email [info@wantagecounselling.org.uk](mailto:info@wantagecounselling.org.uk)

WCTC Website [www.wantagecounselling.org.uk](http://www.wantagecounselling.org.uk)

## WCTC Foundation Certificate in Counselling

### Overview

The Certificate in Counselling is a 6-month part-time course, held over 6 weekend blocks (Saturday and Sunday – 1 weekend in Sept, Oct, Dec 2017; Jan, Feb March 2018).

The award of Certificate in Counselling is made to students who have:

- Attended a minimum of 80% of the scheduled course sessions
- Passed all assignments

### Cost

The cost of the training is £1100 (early bird offer £990 when enrolling before 1<sup>st</sup> July 2017)  
Payment plans are available.



## Eligibility to Train at Certificate Level

Acceptance on the Certificate programme is open to members of the public and designed to give students an experience of future counselling training and to develop listening and responding skills.

No prior experience is needed except for basic English GCSE level C or equivalent as there are written assignments; basic IT skills are useful when preparing assignments and sourcing internet resources.

## Personal Therapy

Students are not expected to be in Personal Therapy but many students decide to embark on Personal Therapy during Certificate training; if you'd like advice on how to find a personal therapist, the training team at WCTC will be happy to discuss this with you.

## Accreditation

This is not a BACP accredited training; however the combined Certificate and Diploma programme meet all the requirements set out by BACP so those who wish to may apply to the BACP (British Association for Counselling and Psychotherapy) for individual accreditation, on successful completion of the Diploma programme.

## Venue and Course Structure

The course is held at Wantage Counselling and Training Centre, Orchard House, Portway Wantage. OX12 9BU and commences in September 2017.

### Learning Outcomes

By the end of the course, participants will be able to:

- Consider the important components of helpful / healing conversations;
- Identify some of the main differences between counselling approaches in terms of how they view the therapeutic relationship and practice
- Recognise how practice informs theory, and theory informs practice
- Identify stages and factors that affect the of the therapeutic process and how these may influence the counselling relationship
- Identify and discuss some of the ethical and professional boundary issues related to counselling practice



- Reflect on and analyse personal experiences in relation to learning on the course
- Discuss their needs for ongoing personal development and professional support

#### Award Criteria

#### Foundation Certificate in Psychotherapeutic Counselling

To qualify for the award the candidate is required to:-

1. Keep a private, personal on-going Reflective Learning Review
2. Submit an assignment (1200 - 1500 words) on 25<sup>th</sup> March 2018
3. Achieve an 80% attendance record during the programme.

This course provides 90 tutor contact hours; it is both a 'stand-alone' certificate course for those who are curious about counselling; or who wish to develop their listening and responding skills within a work situation or professional role; and a foundation course for the 'Diploma in Psychotherapeutic Counselling' for people who wish to continue onto a professional qualification.

### Training Dates 2017 – 2018

1 weekend a month (Saturday and Sunday 9.30am – 5pm):

Block 1: 16<sup>th</sup> & 17<sup>th</sup> September 2017

Block 2: 21<sup>st</sup> & 22<sup>nd</sup> October 2017

Block 3: 9<sup>th</sup> & 10<sup>th</sup> December 2017

Block 4: 20<sup>th</sup> & 21<sup>st</sup> January 2018

Block 5: 24<sup>th</sup> & 25<sup>th</sup> February 2018

Block 6: 24<sup>th</sup> & 25<sup>th</sup> March 2018

The Diploma programme 2018 – 2021 will be held over  
8 weekend Blocks per year over 3 years.



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## Conditions of Document

This Course Document gives an outline for the academic year 2017 – 2018. Whilst every effort is made to provide continuity with the overall framework and structure of the programme, there may be times when adjustments are made to aspects such as content, delivery and assessment requirement in order to respond and comply with changes within for example the psychotherapy and counselling profession, or the structure and needs of WCTC.

WCTC reserves the right to amend aspects of the training programme during the period of your training. Every effort will be made to inform you in advance of changes.